Fact: 43.8 million adults experience mental illness in a given year.

- 1 in 5 adults in America experience a mental illness.
- Nearly 1 in 25 (10 million) adults in America live with a serious mental illness.
- One-half of all chronic mental illness begins by the age of 14; three-quarters by the age of 24.

Prevalence of Mental Illness by Diagnosis

- 1.1% (1 million) of American adults live with schizophrenia.1
- 2.6% (6.1 million) of American adults live with bipolar disorder.1
- 6.9% (16 million) of American adults live with major depression.1
- 18.1% (42 million) of American adults live with anxiety disorders.1

Consequences

- 10.2m: Approximately 10.2 million adults have co-occurring mental health and addiction disorders.1
- 26%: Approximately 26% of homeless adults staying in shelters live with serious mental illness.1
- 24%: Approximately 24% of state prisoners have “a recent history of a mental health condition”.2

Impact

- $193b: Serious mental illness costs America $193.2 billion in lost earning every year.3
- 1st: Depression is the leading cause of disability worldwide, and is a major contributor to the global burden of disease.1
- 90%: 90% of those who die by suicide have an underlying mental illness. Suicide is the 10th leading cause of death in the U.S.1

Treatment in America

- 60%: Nearly 60% of adults with a mental illness didn’t receive mental health services in the previous year.4
- 50%: Nearly 50% of youth aged 8-15 didn’t receive mental health services in the previous year.1

Ways to Get Help

- Talk with your doctor
- Connect with other individuals and families
- Learn more about mental illness
- Visit NAMI.org

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2. National Institute of Mental Health Services Administration.
3. Substance Abuse and Mental Health Services Administration.
4. National Institute of Mental Health Services Administration.